

# Parashah 1 - B'resheet - בְּרֵאשִׁית “In the Beginning”



## Torah: B'resheet (Genesis) 1:1-6:8

Aliyah 1 - 1:1 - 2:3	The six days of The Creation culmination with man, a seventh day of rest
Aliyah 2 - 2:4 - 19	The six days in greater detail, the Garden, two trees, Adam needs a “helpmeet”
Aliyah 3 - 2:20 -3:21	The creation of Chava, the serpent’s deception and the fall of man
Aliyah 4 - 3:22 - 4:18	Man expelled from the Garden; Kayin and Havel; murder and punishment
Aliyah 5 - 4:19 - 26	Lemekh took two wives; fathered several children,
Aliyah 6 - 5:1 - 24	Lemekh avenges blood of Havel, Seth born; 7 generations from Adam to Enoch
Aliyah 7 - 5:25 - 6:8	3 generations, 10 in all, to Noach; wickedness grows; Noach finds favor with God

**Haftarah: Yesha’yahu (Isaiah) 42:5-43:10 (A); 42:5-21 (S); Messianic Adaptation begins at 42:1**

**B’rit Hadashah: Yochanan (John) 1:1-5**

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1. What is the Torah? How would you describe it? To whom was it written? Why should we study Torah?
  2. Yeshayahu (Isaiah) 11:1-2 refers to the “Spirit of God.” What is the Spirit of God? Is there significance in its relation to the water? How is Yeshua connected to the creation described in this portion?
  3. In what way is man created in the image of God? How is he different from all other created things?
  4. What was the first commandment ever given? To whom was it given? How is it fulfilled?
  5. Who was the first “environmentalist?” How is this different from “environmentalist” concepts today? How was the environment affected by the fall of man?
  6. What is God’s opinion of his creation? Is this different than your opinion? Why?
  7. What is the first thing that God blessed? From what did God “rest?” How is the concept of “time” portrayed in creation? What is a day? The principles of Shabbat are derived from this portion. How are these principles acknowledged by the world today

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8. Why was Adam given the job of naming all the animals? How was the creation of Chava a metaphor of Messiah?
  
9. What is the purpose of the relationship between Adam and Chava?
  
10. Why did Cain and Abel offer “sacrifices?” Why was Cain’s sacrifice not accepted by God?
  
11. Why did Cain kill Abel? Who else is affected when one person is robbed of life? How does this portray the results of sin?
  
12. What is man’s purpose? Why did he fall? Why did all creation suffer for it? Why was he exiled from the Garden of Eden?

**Questions for reflection and application:**

1. Have you acknowledged God as the creator of the universe? If so, is He the authority in your life? Has He given you a new “beginning?”
  
2. The story of the heavens and the earth is described in these scriptures. What story does your life tell? What message do you want to send to those who are watching you?
  
3. God cared for and provided a helper for Adam. How has He cared for and provided for you?
  
4. Eve said, “With the help of Adonai I have brought forth a son.” What is He helping to bring forth in your life? How are you working with Him to accomplish His purpose in your life today?
  
5. Are there things in your life that compete with God for your devotion?
  
6. Are you in a situation where you wish God would just take you away? Resist in the evil day (Eph 6:13) and stand firm: we are more than conquerors! (Rom 8:37)
  
7. Yeshua said, “just as it happened in the days of Noah, so it shall be also in the days of the Son of Man.” Are there “giants” in “the land” around you? Have you experienced “Messiah in you, the hope of glory?”