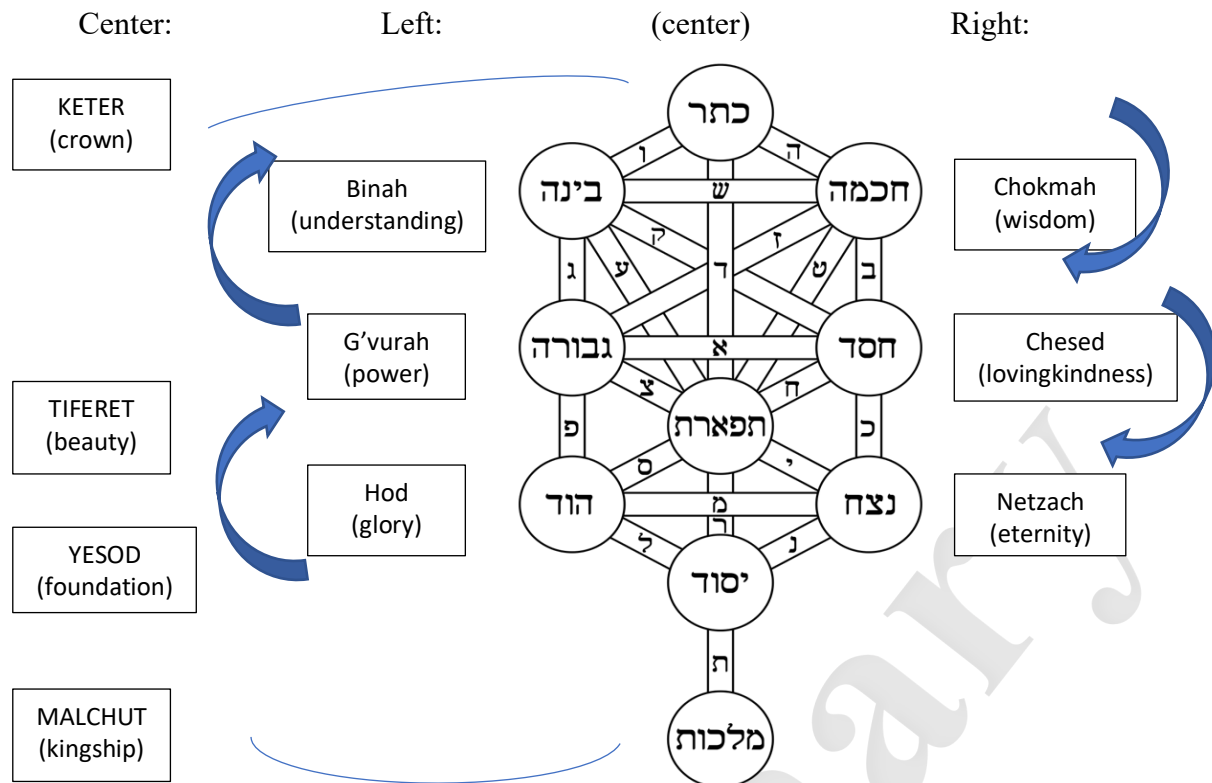


TEN SEFIROT AS BEHAVIORAL MODES



Center – Fulcrum of Balance

KETER / כתר (crown): **will**; represents *values*/vision/higher will which transcend manifest reality.

TIFERET / תפארת (beauty): **truth**; the integrative capacity; the ability to see harmony through multifaceted and even disparate perspectives. Truth emerges when the whole picture is clear, and it is beautiful

YESOD / יסוד (foundation): The capacity to connect: inner world with outer, self with other, G-d with creation

MALCHUT / מלכות (kingship): **world**; The capacity to receive, which allows all the pieces of self and situation to *manifest* in right relationship

Right – Direction of Input

Chochmah / חכמה (wisdom) : The wisdom which flows from receiving something as it is, without the lens of self.

Chesed / חסד (lovingkindness) : The posture of unbounded resource of love and giving. Relationship without boundaries or conditions.

Netzach / נצח (eternity) : A posture of self-effacement, as well as an sufficiency of identity rooted in the sense of one's indelible worth (a point is infinite because it is non-dimensional)

Left – Direction of Output

Binah / בינה (understanding) : The understanding gained by looking at a situation from 'outside' in relation to what one already knows

Gevurah / גבורה (might) : The power of distinction, discernment and relationship gained by drawing boundaries

Hod / הוד (glory) : The beautiful glory of personal manifestation. Self-assertion as a manifestation of the Divine. A posture of offering one's individuality to G-d. (self-expression – where I need to shine manifest)